

# CORAZON HOLISTIC HEALTH ADULT ART THERAPY CAMP

WEEKENDS IN JULY | 4–6 PM



## Session Themes

- **Saturday, July 11– Self & Identity**
  - Art therapy introduction + self-concept exploration
- **Saturday, July 18 – Anxiety & Regulation**
  - Painting and nervous system tools
- **Sunday, July 19 – Emotions: Depression & Anger**
  - Clay “Ugly Mugs,” polyvagal education & musical selections
- **Saturday July 25 – Grief & Transitions**
  - Painting previous clay work + Found Art collage w/ mixed media



## PRICING

- \$130 PER INDIVIDUAL SESSION
- \$450 FOR ALL 4 SESSIONS
- FAMILY DISCOUNTS AVAILABLE (ASK US!)

CONTACT US

to register

Call:

803-567-1217

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