SENIOR HEALTH FAIR

In recognition of National Senior Health & Fitness Day

FREE SCREENINGS

Blood pressure, A1C, kidney & more!

ACTIVITY ZONE

Zumba, Yoga, Urban Boot Camp & more!

ENTER TO WIN!

FitBit, NutriBullet, Exercise equipment & more!

05.30.18

10AM-2PM | WEDNESDAY

CHARLES R. DREW WELLNESS CENTER
2101 WALKER SOLOMON WAY

AGES 50 & UP / FREE

INFO: 803-545-3100/COLUMBIASC.NET

CITY of COLUMBIA, S.C.
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We Are Columbia
PARKS & RECREATION

CHARLES R. DREW Wellness Center

25th ANNIVERSARY
NATIONAL SENIOR HEALTH & FITNESS DAY
2·0·1·8 2·0·1·8
Active Today HEALTHIER TOMORROW