



Charles R. Drew Wellness Center Pool Rules

1. **Proper bathing attire is required at all times: Males must wear approved swim trunks. No basketball or cut-off shorts are allowed. Females must wear approved one or two piece bathing suits. String bikinis or one piece string swim suits are not allowed.**
 - a. **If your swim suit is not appropriate you will not be allowed to swim.**
2. **Clean gray or white t-shirts are permitted to be worn in the pool.**
3. **All children 7 years old and under are to be in arms distance of a parent or responsible adult at all times.**
 - a. ***One adult to two children***
 - b. ***All Children must be 48 inches tall to swim alone.***
4. **All children under the age of 4 or those not toilet trained are required to wear a swim diaper during swim.**
5. **Swimmers with hair beads must have a swim cap or take the beads out before swimming.**
6. **Only U.S. Coast Guard approved floatation devices are permitted.**
 - a. **Inflatable Toys and Water Guns are not permitted.**
7. **Parents and guardians not swimming will be asked to wait outside of swim area during activities.**
8. **Food, Candy, or Tobacco products are not permitted inside the pool area. Only sealable bottled water and sports drinks are acceptable. NO GLASS CONTAINERS.**
9. **Children should be encouraged to use the restroom prior to entering the pool.**
10. **Please wait one hour after eating before swimming.**
11. **All clothing and items are to be placed in either a locker or neatly on tables. We are not responsible for lost or stolen items left unattended.**
12. **Talking to the Lifeguard on Duty or playing on or around the lifeguard stands and ladders are prohibited.**
13. **The swim area will close during inclement weather, and may be reopened 30 minutes after threatening conditions have passed.**
14. **The swim area will not operate without a lifeguard on duty.**
15. **Lap Swimmers are encouraged to share lanes during swim.**
16. **Anyone who is severely ill, sunburned, has an open sore/cut or experiencing diarrhea is not permitted to utilize pool area.**
17. **Noodles are only given out to children when they are accompanied by an adult.**
18. **Lifejackets are only given to children who cannot stand up in the water; they are also not allowed in the deep water.**
19. **Swim Tests will be administered to children and youth who want to enter deep water.**
20. **Dangerous Practices are not allowed:**
 - a. **NO DIVING**
 - b. **NO RUNNING**
 - c. **No aggressive play or language**
 - d. **No spitting or blowing nose in the water**
 - e. **No hanging, pulling, or sitting on lane lines and starting blocks**
 - f. **Starting blocks are for swim team use only**