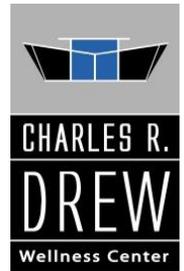




Charles R. Drew Wellness Center Pool Schedule



Water Aerobics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-6:30am Deep Water	5:30-6:30am Deep Water	5:30-6:30am Deep Water	5:30-6:30am Deep Water	5:30-6:30am Deep Water	8 – 9am Water Aerobics
7:00-8:00am Water Aerobics	7:00-8:00am Water Aerobics	7:00-8:00am Water Aerobics	7:00-8:00am Water Aerobics	7:00-8:00am Water Aerobics	
11am - 12pm Independent Deep	11am - 12pm Independent Deep	11am – 12pm Independent Deep	11am - 12pm Independent Deep	11am - 12pm Independent Deep	
12:30pm-1:30pm Water Aerobics	12:30pm-1:30pm <i>Arthritis Aquatics</i>	12:30pm-1:30pm Water Aerobics	12:30pm-1:30pm <i>Arthritis Aquatics</i>	12:30pm- 1:30pm Water Aerobics	
	5:30pm – 6:30pm Water Aerobics NEW		5:30pm – 6:30pm Water Aerobics NEW		
7:00-8:00pm Water Aerobics	7:00-8:00pm Water Aerobics	7:00-8:00pm Water Aerobics	7:00-8:00pm Water Aerobics		

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