

2101 Walker Solomon Way • Columbia, SC 29204 • (803) 545-3200

www.drewwellnesscenter.com

August 2016 Swim Lessons

Child: Ages 5-15

Adult: Ages 16-up

Water Babies: Ages 6 months-4

The Charles R. Drew Wellness Center believes that each child and adult should be given the opportunity to learn how to swim. Our Child Swim Lesson Program will teach the child to become comfortable in the water, teach them beginner swimming techniques and/or help them to improve on their current techniques. Please sign up at the front desk.

Monday & Wednesday

August 8-24

5:00-5:45pm Child's Beginner/Intermediate
6:00-6:45pm Adult's Beginner/Intermediate

Tuesday & Thursday

August 9-25

6:00-6:45pm Child's Beginner/Intermediate
7:00-7:45pm Adult's Beginner/Intermediate

Saturday Water Babies

August 6, 13, 20, 27

11:00-11:45am Water Babies (parent must accompany in the water)

Registration begins Friday, July 1.

Registration:

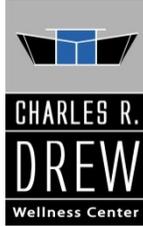
Visit the Drew Wellness Center to complete registration and payment in person. Payment is due at the time of registration.

Fee:

\$15 for Drew Wellness Center Members

\$30 for Non Drew Wellness Center Members





Interested in taking swim lessons?

Here is what to expect.

- Arrive a few minutes early before each session.
- Classes are held in the shallow end of swimming pool.
- Please shower off before entering the pool.
- Parents/guardians are asked to sit outside the pool area during swim lessons. This is to ensure the instructor has the child's full attention.
- A swim suit is required.
 - Females should wear a modest one or two piece swim suit with swimming shorts and shirt if preferred. No basketball or cut off shorts.
 - Males should wear modest swimming trunks with a shirt if preferred. No basketball or cut off shorts.
- If wearing a shirt, it must be white or gray cotton t-shirts.
- Towel, goggles, and shower shoes are highly recommended.
- If your child has hair beads, a swim cap is required.
- In the event of lightning or thunderstorms, the pool will close and will re-open 30 minutes past the last lightning or thunder strike. If your lesson is cancelled due to thunder or lightning the lesson will be made up on the week between sessions.

