

2101 Walker Solomon Way Columbia, SC 29204 (803) 545-3200

www.drewwellnesscenter.com

Adult 2016 Summer Swim Lessons Ages 16 & Up Three Week Sessions

The Charles R. Drew Wellness Center believes that each child and adult should be given the opportunity to learn how to swim. Our Adult Swim Lesson Program will teach you to become comfortable in the water, teach you beginner swimming techniques and/or help you improve on your current techniques. Please sign up at the front desk.

Monday & Wednesday

July 11-27

5:45-6:30am Adult Beginner

Tuesday & Thursday

July 12-28

7:00-7:45am Adult Intermediate

~~6:45-7:30pm Adult Beginner~~ (FULL)

Registration begins Wednesday, June 1.

Registration:

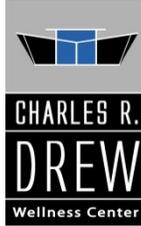
Visit the Drew Wellness Center to complete registration and payment in person.
Payment is due at the time of registration.

Fee:

\$15 for Drew Wellness Center Members

\$30 for Non Drew Wellness Center Members





Interested in taking swim lessons?

Here is what to expect.

- Arrive a few minutes early before each session.
- Classes are held in the shallow end of swimming pool.
- Please shower off before entering the pool.
- Parents/guardians are asked to sit outside the pool area during swim lessons. This is to ensure the instructor has the child's full attention.
- A swim suit is required.
 - Females should wear a modest one or two piece swim suit with swimming shorts and shirt if preferred. No basketball or cut off shorts.
 - Males should wear modest swimming trunks with a shirt if preferred. No basketball or cut off shorts.
- If wearing a shirt, it must be white or gray cotton t-shirts.
- Towel, goggles, and shower shoes are highly recommended.
- If your child has hair beads, a swim cap is required.
- In the event of lightning or thunderstorms, the pool will close and will re-open 30 minutes past the last lightning or thunder strike. If your lesson is cancelled due to thunder or lightning the lesson will be made up on the week between sessions.

